

Adult Medicine Specialists, PA

764 Saco Lowell Road, Easley SC 29640

Phone: (864) 855-5525 Fax: (864) 855-5440

Basic History and Physical Questionnaire

Date: _____ Phone #: _____

Name: _____ SS#: _____ DOB: _____

Address: _____

Specialist:

Please list any other physicians you see for care. (Name and City)

_____	_____
_____	_____

**Current Medication:
Allergies/:**

Medication/Other

(Please include vitamins and all over the counter medications or supplements.)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Past Medical History: Do You Have?

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(When appropriate include approximate year.)

Diabetes_____ Heart Disease_____If so, have you had a heart attack?

Have you had a heart catheterization?_____ Heart rhythm problem?

High Blood Pressure_____ Heart Failure_____

Arthritis_____

Immune Disorder (lupus, scleroderma, etc.)_____

Stroke_____

Cancer_____ Leukemia_____ Thyroid

Disease_____

Stomach Ulcers_____ Hiatal Hernia_____ Thyroid

Disease_____

Kidney Stones_____ Emphysema_____ Chronic

Bronchitis_____

Other_____

Past Surgical History:

(Operations—Please include approximate dates)

Risk Factors:

Smoking (packs/day)_____

If you have quit smoking include when you stopped and how many years smoked_____

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Alcohol use (drinks/day) _____ Drug use _____

Caffeine (drinks/day) _____ Exercise (times/week) _____

Hish Risk Behavior (ex. Promiscuity) _____

Family History:

(Include things like heart disease, diabetes, high blood pressure, and cancer. Also, indicate age at death if indicated and cause of death.)

Father: _____

Mother: _____

Brothers:# _____

Sisters:# _____

Social History:

Marital Status: _____ Education: _____

Place of Residence: _____

Able to care for self: _____ Occupation: _____

Children (# and ages): _____

Health problems of children: _____

Recent Travel: _____

Review of Systems:

(Please check off beside any recent problems in these areas)

Skin:

_____ rashes _____ lumps _____ sores _____ lesions _____ color change

Family History

of: _____

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Head, Eyes, Ears, Nose, Throat:

____headache ____migraines ____visual disturbances ____eye pain

____ringing in ears ____ear pain ____nasal congestion

____nosebleeds ____frequent colds ____dental problems

____hoarsness ____sore throat ____runny nose ____sinus trouble

____other_____

Family History

of:_____

Neck:

____lumps ____swollen glands ____pain ____stiffness

Family History

of:_____

Respiratory:

____coughing ____wheezing ____shortness of breath with vigorous exercise

____coughing up blood ____excessive phlegm production

Family History

of:_____

Breasts:

____nipple discharge ____lumps ____tenderness

Family History

of:_____

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Cardiac:

____ chest pain ____ heart fluttering ____ sit on side of the bed at night to catch breath

____ inability to sleep flat ____ chest pain with exercise

Family History

of: _____

Extremities:

____ leg swelling ____ leg cramps, pain in legs with exercise

____ varicose veins ____ blood clots in legs

Family History

of: _____

Stomach:

____ difficulty swallowing ____ reflux ____ sour taste in mouth ____ diarrhea

____ constipation ____ rectal bleeding ____ blood in stool ____ hemorrhoids

Family History

of: _____

Urinary:

____ blood in urine ____ frequency ____ urgency ____ burning on urination

____ menstrual irregularity ____ vaginal discharge/frequency

____ sexual/erectile problems ____ frequent urinary infections

____ last monthly period _____ ____ menopause _____

Family History

of: _____

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Blood Disorders:

____ easy or excessive bruising ____ history of blood transfusions ____ anemia
____ bleeding disorders

Family History

of: _____

Immunity/Infection:

____ swollen glands ____ chills ____ sweats ____ fevers ____ HIV high risk
behaviors

____ history of pelvic inflammatory disease

Family History

of: _____

Endocrine:

____ frequent urination ____ frequent thirst ____ excessive hunger

____ significant weight (lbs) change in past few months: _____

____ heat or cold intolerance

Family History

of: _____

Neurological:

____ passing out spells ____ seizures ____ paralysis ____ numbness

____ headaches ____ swimmy head ____ lightheadedness ____ memory loss

Family History

of: _____

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Musculoskeletal:

____joint swelling ____joint stiffness ____joint pain

Family History

of: _____

Psychiatric:

____depression ____anxiety ____unusual stress ____difficulty sleeping

Family History

of: _____

Obstetric History:

pregnancies____ # live births____

miscarriages____ # abortions____

Complications in pregnancy_____

Preventive Care Review:

(Approximate date)

Physical Examination_____ Tetanus Vaccine_____ Flu Shot_____

Pneumovax (pneumonia vaccine)_____ Hepatitis B (vaccine)_____

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Prostate Screen _____ Hemocult Screen (Blood in stool) _____

Flexible Sigmoidoscopy (Scope in rectum) _____

Colonoscopy: _____

EGD: _____

Mammogram _____ Pap Smear _____ Cholesterol Check _____

Dental

Visit _____

Last TB Test _____ Was is positive?

MMR _____

Eye exam _____

COVID 19 VACCINE: _____

4-2021